

STAND TALL 2022

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SPEAKER 6: JAKARA ANTHONY



What other people think of you is out of your control so you are better off focusing your energy on the things you *can* control like the *effort* you put into everything that you do.

It takes the same amount of energy to dream big as it does to dream small.

You will achieve great things if you don't put a limit on what you are capable of.

You'll surprise yourself with what you can accomplish.

People are inspired by dreamers, you'll find if you have a dream, people will come along to help you.

Things in life can be scary, overcoming these fears is hard and takes work, but it is possible.

Perspective is a *gift*. Don't forget to take a step back, and look at things from a different vantage point every now and then.